



# Medical / Emergency Contact Information

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## Part 1: Participant's Contact Information

Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State/Prov \_\_\_\_\_ ZIP Code \_\_\_\_\_  
Email \_\_\_\_\_ Phone \_\_\_\_\_

## Part 2: Emergency Contact Information

Name \_\_\_\_\_ Relation to Participant \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State/Prov \_\_\_\_\_ ZIP Code \_\_\_\_\_  
Home/Work/Cell Phone \_\_\_\_\_

### **If Participant is under 18, please complete the following:**

Father's/Guardian's Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State/Prov \_\_\_\_\_ ZIP Code \_\_\_\_\_  
Home/Work/Cell Phone \_\_\_\_\_

Mother's/Guardian's Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State/Prov \_\_\_\_\_ ZIP Code \_\_\_\_\_  
Home/Work/Cell Phone \_\_\_\_\_

## Part 3: Medical Information

**Answer the following questions to the best of your knowledge. Attach an extra sheet if you need more space.**

Please list any physical limitations, handicaps, or medical conditions that you have. \_\_\_\_\_  
\_\_\_\_\_

Please list any allergies that you have (environmental, food, medication, etc.). \_\_\_\_\_  
\_\_\_\_\_

Please list any dietary restrictions that you have. \_\_\_\_\_  
\_\_\_\_\_

Please list any medications you are taking (prescription or over-the-counter). \_\_\_\_\_  
\_\_\_\_\_

Do you smoke? Yes / No      Do you drink alcohol? Yes / No      Are you currently under a doctor's care? Yes / No

**If you answered "Yes" to any of these questions, please explain on a separate sheet.**

**To the best of my knowledge, I certify that all of the above information is true and accurate.**

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

If under 18, Parent's/Guardian's Signature \_\_\_\_\_